

香港義工學院

Hong Kong Institute of Volunteers

「香港義工學院」（學院）是香港首間致力發展義務工作培訓、提升義工服務質素的學院。年內共舉辦 306 項課程，培訓近 25,000 人次，逾九成服務使用者表示滿意。

學院致力發展多元化的培訓項目，除體驗式學習外，也開拓網上學習平台，並透過線上另類實境遊戲及互動短片等方式，提升網上培訓的效益，讓義工、義工領袖及管理人員能夠積極參與。學院亦繼續利用社交媒體平台，與市民分享行義精神及義務工作資訊，在提升義工專業知識的同時，亦融入法律及精神健康元素於行義生活。此外，為了讓學習付諸實踐，學院還開展了各種服務計劃，包括已全面恢復的「聯合國志願人員組織－香港大學生義工實習計劃」，以促進跨文化交流學習及服務的機會。



學院 YouTube 頻道
IoV YouTube Channel

The Hong Kong Institute of Volunteers (IoV) is a pioneering facility dedicated to enhancing the quality of volunteer service through the provision of volunteer training programmes. During the year, a total of 306 training courses were delivered to almost 25,000 participants, with over 90% satisfaction rate.

IoV has strived to develop a diverse range of training programmes. In addition to experiential learning, it has also established online learning platforms such as online virtual reality games and online interactive videos to enhance active participation of volunteers, volunteer leaders and managers. Social media platforms have also been adopted to promote the spirit of volunteerism, encompassing subjects like legal knowledge and mental health to enhance professionalism of volunteering. IoV has launched various practical learning programmes including the fully resumed 'UNV-Hong Kong Universities Volunteer Internship Programme' to foster cross-cultural exchange learning and service opportunities.

義工資訊網

「義工資訊網」透過不同的網上平台，包括網頁及社交媒體，為各界提供本地及海外最新的義務工作資訊。年內製作「義工專訪－『非組織義務工作』沙田交通關注組」專輯，透過訪談探討非組織義務工作的特質和發展，以及「聯合國志願人員組織－香港大學生義工實習計劃感想專輯」，分享海外義工實習的經歷和得著；並出版「Empathy 101－認識同理心」及「積極聆聽」參考指引，提升義工技能。「義工資訊網」於年內共錄得 18 多萬人次瀏覽。



義工資訊網
Volunteer Link

Volunteer Link

Volunteer Link (V-Link) provides up-to-date information on local and overseas volunteering opportunities through its website and social media channels. In the year, two journals were published: 'Interview – "Informal Volunteering" Shatin Transport' and 'UNV-Hong Kong Universities Volunteer Internship Programme Reflective Journal'. These publications explored the characteristics and development of informal volunteering, as well as shared the experiences and insights gained from volunteers serving overseas. Additionally, reference guides on 'Empathy 101 - Understanding Empathy' and 'Active Listening' were published to enhance volunteers' skills. The V-Link received over 180,000 visits in the year.



VQ「行義生活台」

學院積極推動學習，透過網上影片鼓勵市民以合適自己的方式參與義務工作及分享策劃和推行義務工作的心得。學習頻道共設 12 段影片，觀看人次近 26,000。

Volunteering Channel

IoV actively promotes learning through the online Volunteering Channel, encouraging citizens to participate in volunteer work in their own ways and sharing experience on planning and implementing volunteering projects. There were a total of 12 videos on the e-learning channel, with nearly 26,000 views.



麥桂成先生（上圖）及梅啟君先生（下圖）分享他們的行義故事
Mr Raymond Mak (above picture) and Mr Falcon Mui (below picture) shared their volunteering stories



本局主席彭韻禧律師主持一系列的「三分鐘法律知識庫」
AVS Chairman Ms Melissa Pang hosted a series of '3 Minutes on Legal Knowledge'



VQ「行義生活台」
Volunteering Channel

4C 青年義工領袖計劃

計劃自 2009 年開展，透過 4C 發展模式（Confidence 自信、Care 關懷、Commitment 承擔、Courage 勇氣），培育青年的健全品格及公民意識，以達致全人發展。計劃協助學校建立核心義工團隊，並支援青年義工領袖推動及組織校內同學參與義工服務，推廣義工精神，讓學生關心弱勢社群的需要。

本年度計劃以「Back To Basic • 重啟之旅」為主題，讓學生在服務社會的同時，逐步建立及實踐個人的 4C 領袖特質。計劃鼓勵他們聚焦服務對象需要，以創造力及青年義工領袖思維，策劃切合社會及服務對象需要的「真•服務」。

年內成功協助 20 間中學建立青年義工領袖團隊，培訓 370 位青年義工領袖。各團隊積極運用所學，策劃各類義工服務，包括關懷長者、視障人士、兒童、低收入家庭、校內同學及住院病童，提供超過 4,500 服務小時。

4C Youth Volunteer Leadership Project

The Project was launched in 2009, aiming to foster the comprehensive development and civic consciousness of young people through the 4C development model (Confidence, Care, Commitment, Courage). It facilitates schools in establishing core volunteer teams and supports youth volunteer leaders in mobilising their fellow students to participate in volunteer services, promoting the spirit of volunteerism and raising awareness of the needs of the underprivileged.

Under the theme of 'Back To Basic • 重啟之旅', this year's programme aimed to allow students to establish and practise their personal 4C leadership qualities while serving the community. Students were encouraged to delve into the actual needs of the service recipients and use creativity and a youth volunteer leader's mindset to plan 'real services' that cater for the needs of the community and the service recipients.

During the year, the establishment of youth volunteer leader teams in 20 secondary schools were facilitated, 370 youth volunteer leaders were trained. Their acquired knowledge was actively applied in planning and organising various volunteer services, including caring for the elderly, the visually impaired, children, low-income families, fellow students and hospitalised children. Nearly 4,500 hours of volunteer service were contributed.

參與學校 (2023-2024)	Participating Schools (2023-2024)
庇理羅士女子中學	Belilios Public School
中華基督教會基智中學	CCC Kei Chi Secondary School
中華基督教會蒙民偉書院	CCC Mong Man Wai College
宣道會鄭榮之中學	Christian Alliance Cheng Wing Gee College
基督教宣道會宣基中學	Christian and Missionary Alliance Sun Kei Secondary School
香港四邑商工總會陳南昌紀念中學	HKSYC & IA Chan Nam Chong Memorial College
香港道教聯合會圓玄學院第三中學	HKTA The Yuen Yuen Institute No.3 Secondary School
聖母無玷聖心書院	Immaculate Heart of Mary College
賽馬會萬鈞毅智書院	Jockey Club Man Kwan EduYoung College
九龍工業學校	Kowloon Technical School
九龍真光中學	Kowloon True Light School
葵涌循道中學	Kwai Chung Methodist College
民生書院	Munsang College
聖母書院	Our Lady's College
保良局董玉娣中學	Po Leung Kuk Tang Yuk Tien College

天主教崇德英文書院	Shung Tak Catholic English College
聖芳濟各書院	St. Francis of Assisi's College
聖馬可中學	St. Mark's School
東華三院馮黃鳳亭中學	TWGHs Mrs Fung Wong Fung Ting College
華英中學	Wa Ying College

以學校英文名稱排序

School listed in alphabetical order



學生投入參與聯校培訓和義工服務

Students actively participated in the joint-school training and volunteer services

專題講座及分享會

學院定期邀請專家主講，並繼續線上線下同步舉辦培訓活動，提升參與度。年內舉辦了多場大型研討會和工作坊，包括莊耀洸律師主講的「和而不同（意）——個人資料私隱」、香港警務處商業罪案調查科的「銀盾計劃」培訓講座，推廣防騙資訊、香港消防處的「救心同仁」培訓講座，讓更多人學會心肺復蘇（CPR）和自動體外心臟去顫器（AED）的急救方法，在危急情況幫助有需要人士，以及香港報業評議會專題講座「明辨資訊真偽——做個精明 Fact-checker」，讓大家在資訊爆炸的時代保持警覺，明辨信息真偽，參與總人次接近 700 名。

此外，學院以「精神健康」為題，舉辦多項講座，講者包括臨床心理學家、精神科醫生、精神科護士、物理治療師及社工等。主題包括：「認識青少年的精神健康」、「認識精神分裂症」、「認識認知障礙症」、「如何駕馭情緒病」、「物理治療與痛症」及「認『惜』生命」等，參與總人次逾 800 名。

Seminars and Workshops

IoV regularly invites experts to deliver both online and offline thematic workshops to facilitate participation. During the year, numerous large-scale seminars and workshops were organised, including a Celebrity Talk on 'Personal Data Privacy' by lawyer Mr Chong Yiu Kwong, a training seminar on the 'Project SILVERSHIELD' by Commercial Crime Bureau of the Hong Kong Police Force to promote anti-fraud information, 'CPR and AED Training' by the Hong Kong Fire Services Department, promoting cardiopulmonary resuscitation (CPR) and automated external defibrillators (AED) techniques for emergency situations, and the Hong Kong Press Council's seminar on 'Distinguishing the Authenticity of Information - Be a Smart Fact-checker' to foster vigilance in an era of information explosion. These events attracted nearly 700 participants in total.

Meanwhile, IoV organised a series of seminars and workshops to raise public awareness of 'Mental Health'. The speakers included clinical psychologist, psychiatrist, psychiatric nurse, physiotherapist and social worker. The topics covered included 'Mental Illness of Teenagers', 'Schizophrenia', 'Dementia', 'Emotional Disorder Management', 'Physiotherapy and Pain Management' and 'Cherishing Life', attracting over 800 participants in total.



「救心同仁」培訓講座
CPR and AED Training



「銀盾計劃」防騙培訓講座
'Project SILVERSHIELD' anti-fraud seminar



特約培訓

學院因應個別機構及團隊的需求，為義工、義工領袖及管理人員量身設計各項線上線下培訓計劃，包括義務工作基礎培訓、服務技巧培訓、領袖培訓，以及義務工作管理學培訓。年內為 105 間機構安排培訓，包括香港金融管理局、入境事務處、中國銀行（香港）有限公司、香港公司治理公會、九龍巴士（一九三三）有限公司、香港中文大學、嶺南大學及香港教育大學等。各項培訓均由具豐富義工管理及培訓經驗的職員及義務培訓員講解，以確保培訓達高質素水平。

Specialised Training Programmes

The Specialised Training Programmes are customised to meet the specific needs of individual organisations in both online and offline mode. These programmes cover volunteer basic concepts, service skills, leadership development and volunteerism management for volunteers, volunteer leaders and management staff. In the year, 105 units were served, including the Hong Kong Monetary Authority, the Immigration Department, Bank of China (Hong Kong) Limited, The Hong Kong Chartered Governance Institute, The Kowloon Motor Bus Co. (1933) Ltd, The Chinese University of Hong Kong, Lingnan University and The Education University of Hong Kong. All training programmes were conducted by qualified and experienced staff, along with volunteer trainers, to ensure high quality training.



學院為中學生舉辦講座「公民教育 X 義工領袖」，分享義務工作的正面價值觀和公民意識
IoV organised a seminar for secondary school students, themed 'Civic Education X Volunteerism', to share the concepts of volunteer service, positive values and civic awareness



學院提供「真人圖書館」講座，向學生分享義務工作的經歷
IoV offered 'Human Library' talks to students on volunteering experiences



溝通及遊戲帶領技巧培訓
Training on communication and gamification techniques



為廣州市志願者協會提供義務工作管理培訓
Volunteer management training for Guangzhou Volunteers Association



「明辨資訊真偽 — 做個精明 Fact-checker」專題講座
'Distinguishing Authenticity of Information - Be a Smart Fact-checker' Seminar

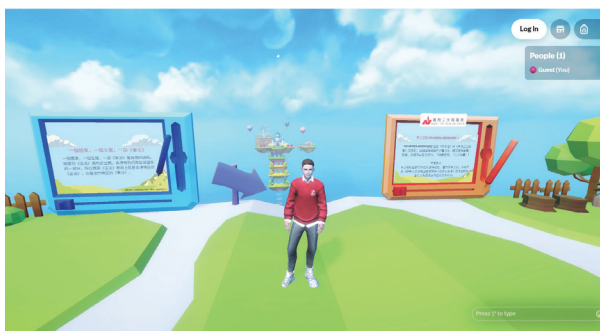
「耆義人生」義工領袖培訓計劃

「老有所屬、老有所養、老有所為」一直是香港安老服務的願景；而推廣年長人士參與義務工作是本局發展策略之一。為此，學院於2018年起推出「耆義人生」義工領袖培訓計劃，透過與長者服務單位合作，推動年長人士積極參與義務工作，並提升他們成為義工領袖，使其發揮所長，實踐「老有所為」。年內共培訓超過300人次。

「網上學習項目」

「公民教育 X 義工領袖」— VR 虛擬遊戲體驗

為進一步推廣網上學習，學院於2024年推出動畫形式的虛擬實境遊戲，參與者於網上挑戰不同行義任務，內容揉合《基本法》與《香港義工約章》的原則，實踐尊重、包容、關愛和負責之德行，培養良好的公民意識，成為義工領袖。參加者完成網上行義之旅可獲電子證書。年內錄得逾1,000人次參與。



VR 虛擬遊戲
Volunteer adventures game

香港義工約章 — 「我的行義之旅」

學院於2023年推出虛擬實境遊戲，以互動形式提倡義務工作精神，培育尤其是年輕人的正面特質。過去一年，香港義工約章 — 「我的行義之旅」把抽象概念，如熱誠、尊重、誠信和理性，轉化為義務工作的生活實踐。年內錄得逾2,500人次參與。



VR 虛擬實境網上遊戲
Online volunteer virtual reality game

Senior Volunteer Leadership Training Programme

Promoting the elderly's sense of belonging, security and worthiness has been the mission of Hong Kong's elderly services. In line with this, one of the strategic directions of AVS is to encourage elderly engagement in volunteering. Since the launch of the 'Senior Volunteer Leadership Training Programme' in 2018, IoV has been partnering with elderly service units to advocate for active volunteering of the elderly. The programme aims to enhance their leadership skills and strengthen their sense of worthiness. During the year, over 300 seniors were trained.

Online Learning Platform Programmes

Civic Education X Junior Volunteer Leader – 'Volunteer Adventures'

To further promote learning, in the year, IoV launched an online VR game in the form of animation with various quests. With the incorporation of the Basic Law and the Hong Kong Volunteer Charter, participants excelled by virtue of respect, inclusiveness, care and responsibility, and cultivated civic awareness to become quality volunteer leaders. Participants would be awarded an e-certificate upon completion of the online volunteering journey. Over 1,000 participants were engaged in the year.



Hong Kong Volunteer Charter – 'Volunteer Virtual Reality' (VVR)

IoV introduced an online VR Game in 2023 to promote volunteerism and to cultivate positive attributes among the public, particularly young people. During the year, Hong Kong Volunteer Charter – 'Volunteer Virtual Reality' transformed abstract concepts such as compassion, respect, integrity and rationality into practical skills in volunteer work. Over 2,500 participants recorded in the year.

